## **Jumping Jacks**

Jumping Jacks is a fun indoor playtime in the PDORC Sports Hall for young children.

Jumping Jacks runs the following sessions:



| Sunday    | 09.45 – 11.30 | Ages 3 and under |
|-----------|---------------|------------------|
| Monday    | 09.45 – 11.30 | Ages 3 and under |
| Wednesday | 14.45 – 16.30 | Ages 5 and under |

- Parents and children please remove shoes while at jumping jacks.
- Children under your care should be supervised at all times. Maids are only allowed at Jumping Jacks if the parent is also there. Children are NOT to be left with only a Maid in charge.
- Please respect the age limits of each group for the safety of your own children and others.
- Snacks & drinks at the side of the hall only.
- Please help to tidy toys at the end of the session.

Please contact Natalia Costa – Jumping Jacks Coordinator on 95722932 for further information